

# Vaginismus

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Vaginismus is a condition which affects a woman's ability to engage in any form of vaginal penetration, including sexual penetration, insertion of tampons, and the penetration involved in gynecological examinations. This is the result of a conditioned reflex of the pubococcygeus muscle, which is sometimes referred to as the 'PC muscle'. The reflex causes the muscles in the vagina to tense suddenly, which makes any kind of vaginal penetration -- including sexual penetration -- either painful or impossible. A vaginismic woman does not consciously control the spasm. The vaginismic reflex can be compared to the response of the eye shutting when an object comes towards it. The severity of vaginismus varies from woman to woman. ([From the Wikipedia article Vaginismus](#).)

## Recent Publications on Vaginismus:



- [\[Sexological problems in neurological disorders: neurosexology\]](#)  
*The author has examined this complex subject-matter as he has not found...*10th November, 2009  
- Ideggyogy Sz. 2009 Sep 30;62(9-10):292-7.
- [The DSM Diagnostic Criteria for Vaginismus.](#)  
*Vaginal spasm has been considered the defining diagnostic characteristic...*24th October, 2009  
Department of Psychology, McGill University, 1205 Dr. Penfield Ave.,- Arch Sex Behav. 2009 Oct 23. ([DOI Direct Link](#))
- [The DSM Diagnostic Criteria for Dyspareunia.](#)  
*The DSM-IV-TR attempted to create a unitary category of dyspareunia based...*16th October, 2009  
Department of Psychology, McGill University, 1205 Dr. Penfield Avenue,- Arch Sex Behav. 2009 Oct 15. ([DOI Direct Link](#))
- [Development and initial validation of the vaginal penetration cognition questionnaire \(VPCQ\) in a sample of women with vaginismus and dyspareunia.](#)  
*INTRODUCTION: Although the relevance of cognitions has been implicated in...*1st October, 2009  
Department of Psychosomatic Gynecology and Sexology, Leiden University- J Sex Med. 2009 Jun;6(6):1617-27. ([DOI Direct Link](#))
- [Efficacy of transvaginal biofeedback and electrical stimulation in women with urinary urgency and frequency and associated pelvic floor muscle spasm.](#)  
*Women with urinary urgency and frequency may also have pelvic floor muscle...*18th September, 2009  
Albany Medical College, Albany, NY, USA.- Urol Nurs. 2009 May-Jun;29(3):171-6.
- [William Osler, urolithiasis, and God's own medicine.](#)  
*OBJECTIVES: To identify the contributions of Sir William Osler, who is...*17th September, 2009  
State University of New York at Stony Brook, Stony Brook, New York, USA.- Urology. 2009 Sep;74(3):517-21. Epub 2009 Jul 14. ([DOI Direct Link](#))
- [Successful use of botulinum toxin type a in the treatment of refractory postoperative dyspareunia.](#)

*BACKGROUND: Refractory dyspareunia presents a challenging therapeutic...* 16th September, 2009  
Female Pelvic Medicine & Reconstructive Pelvic Surgery and Minimally- Obstet Gynecol. 2009  
Aug;114(2 Pt 2):484-7. ([DOI Direct Link](#))

- [Vaginismus as an independent risk factor for cesarean delivery.](#)

*OBJECTIVE: The present study was aimed to investigate pregnancy outcome of...* 25th August, 2009  
Department of Obstetrics and Gynecology, Soroka University Medical Center,- J Matern Fetal Neonatal  
Med. 2009 Oct;22(10):863-6. ([DOI Direct Link](#))

- [Vaginismus. Patients' perceptions.](#)

*OBJECTIVE: The present study was aimed to investigate pregnancy outcome of...* 21st August, 2009  
- BMJ. 2009 Aug 11;339:b3267. doi: 10.1136/bmj.b3267.

- [Sexual problems in a sample of the Turkish psychiatric population.](#)

*INTRODUCTION: Sexual functioning has received little attention as an...* 14th August, 2009  
Erenkoy Research and Training Hospital for Psychiatry, Istanbul, Turkey.- Compr Psychiatry. 2009  
Jul-Aug;50(4):353-60. Epub 2009 Jan 15. ([DOI Direct Link](#))

- [Evaluation and treatment of female sexual disorders.](#)

*Prevalence data suggest that more than 40% of women experience sexual...* 12th August, 2009  
Department of Obstetrics and Gynecology, MacDonald Women's Hospital, Case- Int Urogynecol J  
Pelvic Floor Dysfunct. 2009 May;20 Suppl 1:S33-43. ([DOI Direct Link](#))

- [Diagnosing and managing vaginismus.](#)

*ABSTRACT Introduction. Previous research suggests that anxiety may play a...* 16th July, 2009  
Bristol Sexual Health Service, Bristol BS2 0JD.- BMJ. 2009 Jun 18;338:b2284. doi: 10.1136/bmj.b2284.

- [The Role of Anxiety in Vaginismus: A Case-Control Study.](#)

*ABSTRACT Introduction. Previous research suggests that anxiety may play a...* 25th June, 2009  
Newcastle University, Institute of Neuroscience, Newcastle, UK.- J Sex Med. 2009 Jun 22. ([DOI Direct Link](#))

- [\[Sexuality and incontinence\]](#)

*Incontinence is anything that inhibits the expression of sexuality. Male...* 29th May, 2009  
- Rev Med Suisse. 2009 Mar 18;5(195):638-41.

- [Current views on etiology, diagnosis and the treatment of pain connected with sexual intercourse at women.](#)

*Painful intercourse at women is a diagnostically and therapeutically...* 17th April, 2009  
NZOZ Dla Zdrowia- Ginekol Pol. 2009 Jan;80(1):38-40.

## Vaginismus Patents:



- 7345091- [Carotenoid ether analogs or derivatives for the inhibition and amelioration of disease](#)
- 7405303- [Substituted quinoline compounds for use as selective estrogen receptor modulator](#)
- 7410962- [Amidomethyl-substituted 1-\(carboxyalkyl\) cyclopentyl-carbonylamino-benzazepine-N-acetic acid compounds, process and intermediate products for their preparation and pharmaceutical compositions containing them](#)
- 7411051- [Antibodies to HDPPA04 polypeptide](#)
- 7417013- [Warming and nonirritating lubricant compositions and method of comparing irritation](#)
- 7427611- [Amidomethyl-substituted 1-\(carboxyalkyl\)-cyclopentyl-carbonylamino-benzazepine-N-acetic acid compounds, process and intermediate products for their preparation and pharmaceutical](#)

[compositions containing them](#)

- 7442833- [Triphenylethylene compounds as selective estrogen receptor modulators](#)
- 7449595- [Nitrosated and nitrosylated prostaglandins, compositions and methods of use](#)
- 7452875- [Amidomethyl-substituted 1-\(carboxyalkyl\) cyclopentyl-carbonylamino-benzazepine-N-acetic acid compounds, process and intermediate products for their preparation and pharmaceutical compositions containing them](#)
- 7456184- [Melanocortin receptor-specific compounds](#)
- 7459531- [50 Human secreted proteins](#)
- 7405186- [Lubricant compositions, condom products and methods of making same](#)
- 7402687- [Dihydrobenzofuran derivatives and uses thereof](#)
- 7396857- [Therapeutic combinations for the treatment or prevention of depression](#)
- 7351828- [Benzimidazoles that are useful in treating sexual dysfunction](#)
- 7354923- [Piperazine melanocortin-specific compounds](#)
- 7365095- [Chromane and chromene derivatives and uses thereof](#)
- 7368477- [Benzofuranyl alkanamine derivatives and uses thereof](#)
- 7368527- [HADDE71 polypeptides](#)
- 7368531- [Human secreted proteins](#)
- 7375133- [Pharmaceutical compositions including carotenoid ether analogs or derivatives for the inhibition and amelioration of disease](#)
- 7381800- [Antibodies to HBIMF63 polypeptide](#)
- 7396814- [Metallopeptide compositions for treatment of sexual dysfunction](#)
- 7396829- [Nitric oxide enhancing diuretic compounds, compositions and methods of use](#)
- 7470691- [Fused bicyclic aromatic compounds that are useful in treating sexual dysfunction](#)
- 7473760- [Cyclic peptide compositions for treatment of sexual dysfunction](#)
- 7569384- [Albumin fusion proteins](#)
- 7569601- [Cycloalkylidene compounds as modulators of estrogen receptor](#)
- 7572819- [Compounds which potentiate glutamate receptor and uses thereof in medicine](#)
- 7576081- [Morpholine dopamine agonists](#)
- 7585877- [Aminophenyl derivatives as selective androgen receptor modulators](#)
- 7592010- [Albumin fusion proteins](#)
- 7592449- [Structural carotenoid analogs for the inhibition and amelioration of disease](#)
- 7595313- [Nitric oxide donating diuretic compounds, compositions and methods of use](#)
- 7601753- [Pyrrolidine melanocortin-specific compounds](#)
- 7618969- [Compounds which potentiate glutamate receptor and uses thereof in medicine](#)
- 7566735- [Compounds which potentiate AMPA receptor and uses thereof in medicine](#)
- 7560589- [Cycloalkylidene compounds as modulators of estrogen receptor](#)
- 7557131- [Substituted triazole derivatives as oxytocin antagonists](#)
- 7482013- [Albumin fusion proteins](#)
- 7507413- [Albumin fusion proteins](#)
- 7507414- [Albumin fusion proteins](#)
- 7521424- [Albumin fusion proteins](#)
- 7521462- [4-Amino-piperidine derivatives as monoamine uptake inhibitors](#)
- 7521584- [Carotenoid analogs or derivatives for the inhibition and amelioration of disease](#)
- 7528134- [Acetamides and benzamides that are useful in treating sexual dysfunction](#)
- 7534893- [Imidazol-2-one compounds useful in the treatment of various disorders](#)
- 7538116- [Treatment of sexual disorders](#)
- 7550602- [Small molecule compositions for sexual dysfunction](#)
- 7618972- [Substituted triazole derivatives as oxytocin antagonists](#)

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